

Notes on the use of the Mental Health Center

When consulting the psychiatrist or using the counseling room, please confirm the following information in advance. It's important to read and understand them carefully before making an appointment.

【Rules】

1. In principle, students are required to receive psychiatric consultation/counseling at their campus.
2. Reservations are required. Late arrivals will not be allowed to extend the end time. (If you happen to be late or need to cancel, please reach out to us via email.)
3. If you would like to receive a telephone or web consultation, please ask your counselor.
4. In order to protect the privacy and personal information of all visitors to the Center, unauthorized photography, video recording, and audio recording are not permitted.

【Confidentiality】

1. The content of the consultation will be kept confidential. We will not disclose the contents of the consultation to a third party without the visitor's consent.
2. However, in the following exceptional cases, the necessary bare minimum of information may be disclosed to related persons or organizations even without the visitor's consent.
 - * When there is a risk of harming themselves or others.
 - * When there is a risk of serious consequences to the individual or others, such as a threat to the safety of the educational or research environment of the University or a case that may violate the law.
3. When you are receiving student supports from the University departments other than the Mental Health Center, information may be shared to the minimum extent necessary, with the consent of the person concerned in order to provide more appropriate and effective support.
4. Please refrain from posting consultation details, etc. On social networking sites. When we considered that maintaining confidentiality is difficult, it may be unable to continue using the service.

【Usage restrictions】

1. The following behaviors may result in suspension of psychiatric consultation/counseling or restriction of future use.
 - * Intimidating, offensive, or threatening behavior
 - * Smoking, violence, or any other behavior that interferes with business.
 - * Intoxication condition to alcohol consumption, etc.
 - * Stalking of counselors and physicians.
2. In the event of storm warnings or other special warnings, earthquakes, natural disasters, fires, or other unforeseen circumstances, psychiatric consultation and counseling will be suspended to ensure safety.